GREY MAN TRACK · SEC-11

SEC-11 — Evasion and Safe Haven Planning

Natural Reason · Composure · Safe Haven

Acting naturally under stress

BOTTOM LINE UP FRONT

If you confirm you're being followed, the goal isn't a dramatic escape — it's acting naturally while moving calmly toward a pre-planned safe location. SEC-11 teaches members to verify surveillance without revealing awareness of it, and to reach safety without escalating. Prereq: SEC-08 (Grey Man); NAV-01 recommended.

Why This Matters

A well-chosen cover reason still fails if it's delivered badly. Freezing, moving jerkily, or glancing back rapidly gives away exactly the awareness a person was trying to hide — composure practiced in advance matters more than any specific technique.

> *"A person who slows to answer a phone call is doing exactly the same thing as someone breaking contact — without any of it looking deliberate."*

THE KEY CONCEPTS

The Natural-Reason Principle	Every move to confirm or break contact needs a plausible, ordinary reason a watcher would accept — decided before it's needed, not improvised.
The Classic Tells	Three same-direction turns, abrupt pace changes, repeated backward glances — patterns recognizable as trained technique to any watcher.
Composure	A well-chosen reason still fails if delivered badly. Freezing or jerky movement reveals the same awareness the reason was meant to hide.
Safe Haven	Public, populated, multiple exits, not connected to the MAG — pre-designated along your regular routes before you ever need one.

COURSE LESSONS

Lesson 1: The Natural-Reason Principle
Why every move needs a plausible, ordinary reason decided in advance, not improvised under pressure.

Lesson 2: Composure vs. Revealing Awareness
The classic tells that reveal trained technique, what looks natural instead, and why delivery matters more than the plan.

Lesson 3: Pre-Designating Safe Havens
What makes a real safe haven, and mapping one onto each of your regular routes before you ever need it.

DOCTRINAL SOURCES

Source	Publisher	Relevance
No single named field manual cited in this build	FFTP synthesis	Synthesizes classical countersurveillance and evasion doctrine rather than one named manual; add a citation once a source is confirmed.