MED SERIES · MED-09

MED-09 — Wilderness & Extended Care

The Reassessment Cycle: Check, Record, Compare, Decide

What to track, and when to move, when evacuation is hours or days away instead of minutes.

BOTTOM LINE UP FRONT

MED-09 teaches the process of sustaining and documenting a patient's condition when evacuation is delayed — reassessment cadence, trend tracking, and the checkpoint that calls for evacuation. **It is not a treatment or medication course; it does not teach clinical decision-making or hands-on intervention.**

Delayed evacuation is not an edge case in the field — it is the ordinary condition MAG and community members should plan for.

Most first aid training assumes help is minutes away. When it isn't, "stabilize and wait" leaves a real gap: nobody has been taught how to keep watching a patient over hours or days, write down what changes, or recognize the specific moment a monitored condition becomes an evacuation decision.

"The decision to evacuate should come from the documented logs, not from a gut feeling in the moment."

THE FOUR THINGS THIS COURSE BUILDS

Extended Care	Sustaining and documenting a patient's condition when evacuation is delayed — not treating them.
Reassessment Cycle	Check, Record, Compare, Decide — the repeated process every lesson in this course builds on.
Escalation Checkpoint	A specific documented finding that moves a patient from ongoing monitoring to an evacuation decision.
GO SLOW / GO FAST	The two-state evacuation-pace framework built from the accumulated monitoring log.

COURSE LESSONS

LESSON	TITLE & WHAT IT COVERS
01	**Why Extended Care Is Different —** The shift from treat-and-transport to sustain-and-monitor thinking.
02	**Sustained Monitoring & Trending Vitals —** Reassessment cadence and telling a real trend from normal variation.
03	**Environmental Exposure Tracking —** Documenting the progression of heat, cold, and altitude conditions.
04	**Wound & Infection Progression Monitoring —** Tracking wound changes over time with a simple progression log.
05	**Sustaining the Patient —** What to monitor for hydration, nutrition, and elimination.
06	**Evacuation Decision-Making & Handoff Documentation —** The GO SLOW / GO FAST framework and building the handoff package.

DOCTRINAL SOURCES

SOURCE	PUBLISHER	RELEVANCE
Wilderness and Remote First Aid Emergency Reference Guide	American Red Cross	GO SLOW / GO FAST evacuation framework; heat, cold, and wound-infection checkpoints

Layperson's Guide to Prolonged Casualty Care	Uniformed Services University / Center for Global Health Engagement	Reassessment cadence; urine-output monitoring standard
Austere Emergency Medical Support (AEMS) Field Guide	U.S. Department of Homeland Security	Heat- and altitude-illness sign and symptom criteria